

**WEEKLY PARENT & CARER BULLETIN
1 DECEMBER TO 5 DECEMBER 2025**

KEY DATES FOR THE TERM AHEAD

Events	Dates
Family Services Fair	3 Dec
Year 9 Workshop	3-4 Dec
PTA Quiz and Curry Night	5 Dec
Parent Afternoon Tea event	8 Dec
Flu Vaccinations	9 Dec
Year 12 St George's University Exploring Medicine talk	9 Dec
Christmas Concert (6:00-8:00pm)	10 Dec
Year 13 Winter Party Care Home Visit	15 Dec
Year 7 Pantomime Trip	16-17 Dec
END OF TERM	19 Dec

1. PTA QUIZ AND CURRY NIGHT ON 5 DECEMBER

All parents, teachers and students, with a special welcome to Year 7 parents, are invited to a nail-biting, toe-curling quiz designed to entertain, enlighten and provide an evening of great fun.

Come and meet fellow parents and pit your wits against them! Curry supper included. Please feel free to bring your own drinks, soft drinks and crisps will be available for sale. All for £13 per person! All proceeds to Drayton Manor students via the Parents and Teachers Association (PTA).

Please fill in the form below and return it with ticket money to Student Reception by Monday 1 December, or pay via ticket source using the link below. For any questions, please email PTA@draytonmanorhighschool.co.uk for more information. We will allocate people into teams, unless you bring enough friends and family with you to form a whole team (six to eight people). We look forward to seeing you.

Tickets: [PTA Quiz and a Curry at Drayton Manor High School event tickets](#)

2. PARENT AFTERNOON TEA EVENT – MONDAY 8 DECEMBER

On Monday 8 December from 4-5pm we will be hosting a Coffee Afternoon/Afternoon Tea for Year 11-13 families. The theme is How to Support Your Child with Exam Stress and will be facilitated by our Mental Health Support Team Practitioners through the NHS.

This session will provide practical strategies to help students manage exam pressures and maintain wellbeing. Families will have the opportunity to:

- Hear guidance from staff on effective support techniques
- Share experiences and approaches with other parents
- Enjoy refreshment

3. PARENT GOVERNOR

As you will have seen from previous bulletins, we currently have a vacancy for a Parent Governor. The recruitment process is now open. [Click here](#) to find a letter from The Head outlining further details. The deadline for applications is Monday 8 December.

4. SAVE THE DATE – DRAYTON MANOR CHRISTMAS CONCERT

We are excited to invite you to our Christmas Concert on Wednesday 10 December. Doors open from 5:15pm, and the concert will begin at 6:00pm and finishes at 8:00pm. Tickets can be purchased [here](#). We look forward to celebrating the festive season with you.

5. SUPPORTING STUDENTS WITH TEMPORARY MEDICAL NEEDS OR INJURIES

As part of our ongoing commitment to making sure every student is supported and able to access their learning, we kindly ask that you let us know in advance if your child has sustained an injury outside of school or has any temporary medical needs.

Providing this information before they return allows us to:

- put the appropriate support or risk assessments in place,
- make any necessary adjustments to lessons or movement around the site, and
- ensure all relevant staff are fully informed.

Please contact the school via telephone and ask to speak to Ms Hynes (Family Support Worker) or Ms Segani (Welfare Officer) or mark an e-mail for their attention to adminoffice@draytonmanorhighschool.co.uk

6. YEAR 7 PTA VOLUNTEERS

The PTA is always on the lookout for volunteers. If any Year 7 parents are interested in helping or parents from any other Year group, please email PTA@draytonmanorhighschool.co.uk to sign up and join the list of parental helpers and support.

7. SUPPORT FOR FAMILIES AHEAD OF GCSE MOCKS

For any parents, carers, or students who couldn't attend live, the full replay is now available here: <https://thedegreegap.com/GCSE-Mocks-Webinar-Playback>

In this practical, parent-focused session, families will learn:

- How to turn mock exams into a source of motivation rather than stress
- The proven RAG-rate roadmap top tutors use to focus revision effectively
- Early warning signs of burnout and how to rebuild focus quickly
- Conversation frameworks for keeping motivation high and communication calm

8. UNIFORM AND SCHOOL COAT DONATIONS

We would be grateful for any donations of school uniform, PE kit, or school coats over the coming weeks. Please feel free to ask your child to deliver any donations to the Students' Reception. Many thanks for your assistance.

9. GROWING CROCHET AND KNITTING CLUBS

We are currently growing our crochet and knitting club project at lunch time. If you have any donations of wool or yarn or if you have any expertise, please get in touch.

10. FAMILY SERVICES FAIR

A reminder that our Family Services Fair will take place on Wednesday 3 December in the Sixth Form Centre. We look forward to welcoming all families to this inclusive and informative event.

Please drop by anytime between 4-7pm

This event will feature:

- Stalls hosted by ten community organisations offering practical advice and support
- Engaging activities run by students
- A pre-loved uniform sale organised by the PTA
- A chance to meet staff and strengthen our school community
- Raffle prizes for attendees – no tickets required, your presence is your entry

We hope you will join us and take part in this valuable opportunity to connect, learn, and feel supported. The link to confirm your attendance can be found here: [Drayton Manor's Family Services Fair – Fill out form](#)



DRAYTON MANOR HIGH SCHOOL



**Free
entry!**

FAMILY SERVICES FAIR



Join us for an inclusive
and informative event featuring:

Community Support Stalls

- **QPR Football Club** – Mentoring and enrichment programmes for students
- **Circle Café (via MIND)** – Mental health resources and crisis support
- **CAMHS Ambassadors** – Mental health guidance and student-led insight
- **School Nurse (NHS)** – Health advice and medical needs support
- **West Side Youth Centre** – Local youth services available in Ealing
- **Ealing Family Information Service (FIS), Early Help (EHAP) and Ealing Parenting Service** – Advice on childcare, education, and family support
- **Mental Health Support Team (MHST)** – Early intervention for anxiety and low mood
- **Contact** – Support for families with SEND children
- **Here4You Counselling** – In school counselling and emotional support for young people
- **PTA** – Family partnership, fundraising, and support for school activities
- **Mencap** – Services and advocacy for people with learning disabilities and their families
- **Ealing Carers** – Guidance, respite, and practical support for unpaid carers in the community
- **Southall Black Sisters** – Advocacy and support for women facing domestic or cultural challenges
- **Women's and Girls Network** – Specialist support for survivors of gender-based violence, including counselling and advocacy

Plus

A variety of enrichment, sports, literacy and other clubs at Drayton Manor High School and in Ealing

Live Music & Art displays

Information sessions (4.30, 5.15 and 6pm)

Fun activities led by students for Parents

Children's Area

Pre-Loved Uniform Sale

Opportunities to meet school staff and other families.

Raffle prizes



**RAFFLE
RAFFLE**

11. FLU VACCINATIONS (YEAR 9-11 AND YEAR 7-8) 9 DECEMBER

The Ealing Vaccinations Team will be visiting our school 9 December (Year 9-11 and to Year 7-8 and anyone who missed the first event) to offer flu vaccinations to students. This is a free and optional service provided through the NHS, designed to help protect young people from the flu. Families can choose between two vaccine types

- Nasal spray vaccine (needle-free)
- Injection vaccine (pork-free and gelatine-free)

To provide consent, parents must sign up via the Vaccinations Portal:

<https://nwl.schoolvaccination.uk/flu/2025/ealing>

If you have questions about the vaccination or the consent process, you can email: ealing@v-uk.co.uk



BIMA
BRITISH ISLAMIC
MEDICAL ASSOCIATION

**OPERATION
VACCINATION**

SHOULD MY CHILD HAVE THE NASAL FLU SPRAY?

Influenza (or flu) is a common and highly infectious disease caused by different strains of the Influenza virus.

Each year vaccines are updated so that they protect against the commonest strains of flu, **saving thousands of lives.**

A flu vaccine can reduce the risk of your child getting sick by **30-60%**, and prevent children being admitted to hospital because of flu.

It will also reduce the chance of vulnerable people, such as grandparents or those with long term health conditions, getting flu from your child.

THERE ARE TWO TYPES OF VACCINES IN THE UK THAT PROTECT AGAINST FLU



1. NASAL SPRAY VACCINE

This will be offered to children aged 2-3 years*, most school aged children, and to children of any age with certain long-term health conditions. It is easy and quick to give to children.

The nasal spray vaccine **contains porcine (pork) gelatine.**



2. INJECTABLE VACCINES

All adults are offered this type of vaccine. Some children who cannot have the nasal spray because it is medically unsuitable will be offered this vaccine.

The injectable vaccines **do not contain porcine derived products.**



Vaccination is a strong defence against a virus which causes severe illness and deaths every year

Children, pregnant women, and any adults with low immunity or certain health conditions (such as diabetes, heart or lung problems) are at higher risk from getting very sick with flu

Please do not delay a decision to vaccinate.

It is acknowledged by the NHS and public health that groups within British Muslim communities consider any porcine-containing products to be forbidden.

Children whose parents refuse the nasal spray vaccine due to the porcine gelatine content **can request the injectable vaccine as an alternative.** This injection, which is also for adults and elderly, has no porcine gelatine.

Speak to a trusted religious scholar about taking the nasal spray for your child if you have concerns about it's porcine gelatine content.



#OperationVaccination





@BritishIMA

@british.ima

* on 31 August before flu vaccinations start in the autumn

12. FLU CLINICS

We're recruiting for flu season! [Click here](#) for our regional vacancies.



Brent

Saturday 22nd November, 9:30am – 12:30pm
Church Lane Family Wellbeing Centre, NW9 8JD

Kensington & Chelsea

Saturday 22nd November, 11:30am – 2:00pm
Kensington Central Library, W8 7RX

Westminster

Saturday 22nd November, 10:00am – 2:45pm
Bessborough Family Hub, SW1V 2JD

Hammersmith & Fulham

Tuesday 25th November, 3:30 – 5:00pm
Old Oak Community Centre, W12 0AP

Westminster

Wednesday 26th November, 4:00 – 5:30pm
The Portman Early Childhood Centre, NW8 8DE

Hounslow

Thursday 27th November, 4:00 – 6:00pm
Brabazon Community Centre, TW5 9LT

Hillingdon

Friday 28th November, 2:30 – 5:00pm
Stockley Park Community Clinic, UB11 1FW

Ealing

Saturday 29th November, 9:30am – 1:30pm
Crown Street Surgery, W3 8SA

Harrow

Saturday 29th November, 9:30am – 2:30pm
Kenmore Park Community clinic, HA3 9HZ

Westminster

Saturday 29th November, 11:00am – 2:00pm
Bessborough Family Hub, SW1V 2JD

13. Winter HAF 2025

A reminder that HAF is a free programme for those receiving benefits related free school meals. We have a small discretionary pot of funding to support young people not receiving FSM that can be referred. More details can be found here: [Winter 2025 Holiday Activities and Food \(HAF\) programme referrals](#) | [Ealing Grid for Learning](#) [Click here](#) for more information.

Winter 2025 Youth Holiday Activities and Food (HAF) Programme

22 December 2025 to 2 January 2026
(Excluding Weekends, Christmas Day & Boxing Day)

Young people can book to attend up to 4 sessions,
free* across the whole programme.

GET ACTIVE try yoga, circus skills,
taekwondo, trips and visits.

GET CREATIVE with theatre, dance, filming,
cookery, and festive crafts.

GET SOCIAL have fun, meet different people
and enjoy food together.

To find out more and book your child's place, please scan
the QR code or visit www.ealinghaf.org.uk
Eligible families will be emailed directly with the
booking links shortly before
bookings open.

Contact:
HAF@ealing.gov.uk
or call **020 8825 6331**
(lines open 9am -1pm)



FUNDED BY THE DEPARTMENT FOR EDUCATION (DfE).
*FOR ELIGIBLE YOUNG PEOPLE.

Children & Families

