

**WEEKLY PARENT & CARER BULLETIN
8 SEPTEMBER TO 12 SEPTEMBER 2025**

KEY DATES FOR THE TERM AHEAD

Events	Dates
Year 12 Parents Success' Evening	11 Sept
Year 13 Trip to Jesus College	16 Sept
New Year 7 Parent Evening	18 Sept
Biology Trip (Epping Forest)	12-19 Sept
Open Evening	25 Sept
House Music Festival	30 Sept-1 Oct
Flu Vaccine	8 Oct
Year 13 Parent Success Evening	9 Oct
Sixth Form Open Evening	16 Oct
Year 7 Music Concert	22 Oct
School's 95th Birthday Celebration	23 Oct
HALF TERM BREAK	27 Oct-31 Oct

1. SUCCESS IN THE SIXTH FORM EVENING – THURSDAY 11 SEPTEMBER

We're inviting all Year 12 parents to our Success in the Sixth Form Evening on Thursday 11 September, designed to help you support your child through their Sixth Form journey.

What to expect:

- Key info from the Sixth Form team on support, bursaries, enrichment, and opportunities.
- Strategies to reinforce study skills at home (students will attend a study skills session on Wednesday 10 September).
- Refreshments and a chance to meet the team and ask questions.

Event details:

- Time: 5:00–6:00pm
- Location: New Sixth Form Centre (please use the student entrance)

Please sign up [here](#)

We look forward to seeing you there!

2. NEW YEAR 7 PARENTS EVENING - THURSDAY 18 SEPTEMBER

We are excited to welcome all our new Year 7 students and their families as they begin their journey with us this school year! We look forward to seeing everyone thrive and grow in this new chapter. To help parents settle in, we are pleased to invite you to the New Parent Evening on Thursday, 18 September. Parents should arrive from 4.45pm for a prompt start at 5.00pm. The event lasts around an hour and a half, and food are offered at the end. This will be a great opportunity to meet teachers, learn more about the school, and connect with other parents. We will invite year 7 parents separately with full details.


Time: 4.45pm arrival for 5.00pm start.


Location: Main Hall

3. TRAVEL ADVISORY – POSSIBLE LONDON TUBE STRIKES IMPACTING EALING AREA

We understand that London Underground and DLR services will be severely disrupted from Monday 8 to Thursday 11 September due to industrial action.

 No Tube service before 8:00 AM or after 6:00 PM on strike days.

 No DLR service on Tuesday 9 and Thursday 11 September.

 Buses, Overground, Elizabeth Line, and trams will run, but are expected to be very busy.

Although most students walk to school, we encourage families who rely on public transport to plan ahead and allow extra time for their journey. Please check the TfL strike updates or use journey planning apps for the latest information.

4. YEAR 13 BIOLOGY TRIP – EPPING FOREST

We are excited to announce the upcoming Year 13 Biology Trip to Epping Forest. This trip will provide students with an excellent hands-on learning experience in a natural environment, reinforcing key concepts from their biology curriculum. More details about the trip, including dates and arrangements, will be communicated next week by the Head of Biology. Stay tuned for further information.

5. SCHOOL OPEN EVENING – THURSDAY 25 SEPTEMBER

The Open Evening will be on Thursday 25 September from 5.00pm until 8.00pm.

Headteachers talk will be at 5.15pm and 6.30pm.

Registration will be on the school website on Monday 8 September. Please register if you would like to attend. Admission to the event is by ticket only.

6. MEDICAL INFORMATION

MEDICAL NEEDS & HEALTHCARE PLANS

If your child has a diagnosed medical condition for example **Diabetes, Epilepsy, or Crohn's Disease**, it is essential that you meet with the Welfare Team once a year to review and update their **Individual Healthcare Plan (IHCP)**.

If you have not yet scheduled a meeting, please contact medical@draytonmanorhighschool.co.uk to arrange this.

ASTHMA HEALTHCARE PLANS – SEPTEMBER 2025

Parents of children diagnosed with asthma must complete the following MS Form each year:

<https://forms.office.com/e/CX5Bz58gL6>

If your child no longer has asthma, please confirm this in writing by emailing medical@draytonmanorhighschool.co.uk



If you are able to send us a copy of the Asthma Care Plan you receive from the GP or Asthma Nurse, that would be great too

If you would prefer an in-person meeting to complete the plan, this can be arranged.

MEDICATION IN SCHOOL

A reminder that if your child has been prescribed a Jext/Epi Pen, they should carry 2 of these with them at all times. You are welcome to provide spare ones to keep in the Welfare room if you would like.

For students who need to access medication throughout the day, this needs to have a signed Medication Permission Form and proof of prescription. All medication (except inhaler and Jext/Epi Pens) must be stored securely in Welfare and not carried by students in their bags.

COUNSELLING SUPPORT

The school has three counsellors that work with students directly. Referrals can be made by Heads of Year, or parents can request support directly by emailing safeguarding@draytonmanorhighschool.co.uk

PERIOD PRODUCTS

The school can provide a range of period products for families who may find this support helpful.

To access this, please complete the MS Form: <https://forms.office.com/e/TuPu84vs4R>
Ms. Hynes (Family Engagement and Safeguarding Officer) will then be in touch to offer support.

7. IDLING CARS AND EMISSIONS

We would like to remind parents and carers to turn off their car engines while waiting to pick up their children outside or near the school. Parents and Carers must only park where they are legally permitted to do so. Staff will be present at the end of the day to ensure the safe departure of students. Due to the narrow pathways, it is crucial that parents support us by following these guidelines and any additional instructions provided by staff. Thank you for your cooperation in our students safe.

8. EALING MENTAL HEALTH WORKSHOPS FOR PARENTS/CARERS

The Parenting Services Team are offering the following parenting workshops in September:

Tuesday 16th September

An Introduction to SEN Support

Delivered by Ealing Contact, this workshop offers parents & carers a chance to explore what support is available for families of children with additional needs or disabilities, how they can overcome possible barriers in health and education, and what is available to families awaiting a diagnosis



Tuesday 23rd September

Understanding Domestic Abuse & Toxic Relationships

This women-only workshop will discuss the forms that domestic abuse may take, how to spot signs of abusive behaviour and what steps you can take to protect yourself and your family. We will look at what support is available for people leaving abusive partners, and how you can rebuild confidence following abuse

Tuesday 23rd September

Redefining Fatherhood

A men-only session that looks at how your identity changes through fatherhood, the impact on your priorities, relationships and sense of self, and how these changes can be positive and fulfilling

All workshops are delivered via MS Teams between 10am-12pm

If you would like to refer a parent/carer to any of these sessions, please email their name, email address and contact number to parentingserviceadmin@ealing.gov.uk, along with the names of the sessions they are interested in.

Parents/carers can also self-refer by contacting us at the same email address

9. COMMUNITY EVENT

Emergency Response Roadshow

Join us for a **FREE** high-energy, hands-on community event where you can:


- Climb aboard fire trucks, ambulances, and police vehicles
- Watch live rescue and emergency demonstrations
- Learn about local risks and how to stay safe
- Speak with frontline professionals and ask questions
- Discover how YOU can get involved as a volunteer
- **PLUS a complimentary burger!**

Special guest:
Ealing Mayor Cllr. Anthony Kelly


Meet and connect with Ealing Council, London Fire Brigade, Metropolitan Police, London Ambulance Service NHS Trust, Rapid Relief Team, Army Medical Services, local volunteering groups, and more!

Free entry - limited tickets available
Scan the QR code below to grab yours!






www.ealing.gov.uk



LONDON FIRE BRIGADE



12PM - 4PM

13

SEPTEMBER

ACTON FIRE STATION
W3 8EA

10. FREQUENTLY ASKED QUESTIONS

How does Show My Homework work, and how can I use it?

We use Show My Homework, an online platform that allows students and parents to track homework assignments. This platform helps you stay informed about your child's tasks. Once your child has their timetable, you will be provided with login details for your personal account, which will be linked to your child's homework calendar. Please click here to view the SMHW Tutorial.

How can I register my child for Free School Meals?

Parents who are eligible are encouraged to register for Free School Meals. Please note that we can only provide these meals for students who are listed on the London Borough of Ealing's official register. We are committed to ensuring that all students receive the support they are entitled to and have access to nutritious meals at lunchtime. If you believe your



child is eligible, please register as soon as possible by clicking this link to ensure they receive this benefit.

What is the school's uniform policy?

Uniform is an important part of our school culture and ethos, and all students up to and including Year 11 are expected to wear the full school uniform. This includes wearing the uniform to and from school, during the school day, and on official school visits or occasions. Sixth Form students do not wear uniform but are expected to follow a smart casual dress code. Clothing should be appropriate for the school environment, and extremes of fashion are discouraged. For more details about the uniform requirements, please click this link.

11. CAREERS

WORK EXPERIENCE ALTERNATIVE PROGRAMMES FOR 2025–26

The Enrichment Partnership offers flexible, employer-led career workshops and alternative work experience programs for students Year 7 to Year 13—perfect for those unable to secure traditional placements. Activities include career talks, skills development, mock interviews, and more, designed to boost confidence and employability. Pricing is flexible to ensure accessibility. For details, contact michelle@enrichmentpartnership.com.

12. MUSIC

CADENZA MUSIC CENTRE – APPLICATIONS NOW OPEN FOR 2025/26

Applications are now open for Cadenza 2025/26, Ealing Music Service's flagship music centre, which offers monthly rehearsals in Ealing and a wide range of ensembles for young musicians of all abilities, from beginners to Grade 6+. Following the success of the recent Royal Albert Hall concert, Cadenza continues to provide a friendly and enriching environment with expert tutors and over 19 ensembles including orchestras, jazz bands, choirs, percussion groups, and more. Find out more and apply at www.ealingmusicservice.com/cadenza.

13. ALUMNI AMBASSADOR

BECOME AN ALUMNI AMBASSADOR – INSPIRE THE NEXT GENERATION

We are at a pivotal and exciting stage in our journey as a school community, building meaningful, lasting connections with our alumni. As we grow this network, we are proud to launch our Alumni Ambassador programme. We are seeking passionate former students who want to give back, share their experiences, and make a difference to the life of the school. Whether you left last year or decades ago, your journey matters. As an Alumni Ambassador, you will act as a bridge between the school and its alumni community, helping to support current students through mentoring, events, outreach, and more. This is a




rewarding opportunity to contribute to the life of the school, inspire young people, and strengthen the legacy of our alumni family.


Join us. Be part of the next chapter. All prospective Alumni Ambassadors will be subject to relevant safer recruitment and safeguarding checks, as the safety and wellbeing of our students is central to everything we do. Please click [here](#) for more information.

1. FRE


West London
NHS Trust


Ealing Mental Health Support Team
WORKSHOPS FOR PARENTS/CARERS
AUTUMN TERM 2025






Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

 <https://forms.gle/498J1SG2WXZ4q71h9>



If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE


Step 1
Use our QR code to sign up for a workshop(s) of your choice

Step 2
You will be emailed a Microsoft Teams link several days before the workshop

Step 3
You'll receive another email reminder on the morning of the workshop

Step 4
All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5
To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session

 Promoting hope & wellbeing together





SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN

This workshop supports parents/carers of primary-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour.

Date: 18th September 2025
Time: 10:30am - 11:30am

AN INTRODUCTION TO AUTISM IN ADOLESCENTS

This workshop supports parents/carers of secondary-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

Date: 26th September 2025
Time: 12pm - 1:30pm

SUPPORTING ANXIETY IN ADOLESCENTS PART 1

This workshop is aimed at parents/carers of young people attending Secondary school who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence. Part 1 will focus on what anxiety is and how it's maintained.

Date: 1st October 2025
Time: 12pm - 1:30pm

INTRODUCTION TO OCD

This workshop is aimed at parents/carers of Primary and Secondary school-aged children who would like to learn more about the signs and symptoms of Obsessive Compulsive Disorder (OCD) and ways of supporting young people to fight back against compulsive behaviours.

Date: 3rd October 2025
Time: 11am - 12:30pm

UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS

This workshop is aimed at parents/carers of children attending Primary and Secondary. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

Date: 10th October 2025
Time: 12pm - 1:30pm

SUPPORTING APPROPRIATE TECHNOLOGY USE IN CHILDREN

This workshop supports parents/carers of primary-aged children. It introduces parents to strategies in managing and promoting healthy technology use in their child/young person.

Date: 16th October 2025
Time: 12pm - 1pm

SOCIAL MEDIA AND SELF-ESTEEM IN CHILDREN AND YOUNG PEOPLE

This workshop is aimed at parents/carers of Primary and Secondary school-aged children. It will explore the top tips for using social media, signs of positive and negative self-esteem, tips to support healthy self-esteem, and the relationship between social media and self-esteem.

Date: 22nd October 2025
Time: 10:15am - 11:30am

SUPPORTING ANXIETY IN ADOLESCENTS PART 2

This workshop is aimed at parents/carers of young people attending Secondary school who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence. Part 2 will focus on strategies to manage anxiety in teens.

Date: 12th November 2025
Time: 12pm - 1:30pm

AN INTRODUCTION TO AUTISM

This workshop is aimed at parents/carers of children attending Primary and Secondary, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

Date: 18th November 2025
Time: 12pm - 1:30pm

SUPPORTING FRIENDSHIP IN CHILDREN

This workshop is aimed at parents/carers of primary-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

Date: 25th November 2025
Time: 12pm - 1pm

TEEN LOW MOOD AND SLEEP

This workshop is aimed at parents/carers of secondary-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood and sleep.

Date: 1st December 2025
Time: 12pm - 1pm

ADOLESCENT EXAM STRESS

This workshop supports parents/carers of secondary-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

Date: 8th December 2025
Time: 12pm - 1pm