# **AAQ** Applied Science Biology Personal Learning Checklist

Unit 1

#### A1: Structure and function of cells and tissues

Objective	Confidence (R/A/G)		ce
	1	2	3
A1.1.1 Name the following structures in prokaryotic (bacterial) cells and describe their function: nucleoid, plasmids, 70S ribosomes, capsule, cell wall, cytoplasm, plasma membrane, mesosomes, flagellae, pili			
A1.1.2 Name the following organelles in eukaryotic animal cells and describe their function: plasma membrane, cytoplasm, nucleus, nucleolus, endoplasmic reticulum (smooth and rough), Golgi apparatus, vesicles, lysosomes, 80S ribosomes, mitochondria, centrioles, cilia			
A1.1.2 Name the following plant cell specific organelles and describe their function: cell wall, chloroplasts, vacuole, tonoplast, amyloplasts, plasmodesmata, pits.			
A1.2 Recognise organelles from electron micrographs and photomicrographs.  A1.3 Describe the similarities and differences between the structure and function of plant cells and animal cells.			
A1.4 Describe and explain the responses of Gram-positive and Gram-negative bacteria when exposed to antibiotics.			
A1.5 Calculate magnification and size of cells and organelles from images.			

## A2 Structure and function of specialised cells in multicellular organisms

Objective	Confidence (R/A/G)		ce
	1	2	3
A2.1 Explain the structure and how it relates to the function of the following specialised eukaryotic cells: palisade mesophyll cells, root hair cells, xylem cells, phloem cells, sperm and egg cells in reproduction, erythrocytes, leucocytes, thrombocytes, neurones.			

## A3 Structure and function of biological tissues

Objective	Confidence (R/A/G)		ce
	1	2	3
A3.1 Describe the structure of the following epithelial tissue and how they relate to their function:			
A3.1.1 squamous as illustrated by the role of alveolar epithelium in gas exchange			
A3.1.2 columnar as illustrated by goblet cells and ciliated cells in the lungs to include their role in protecting lungs from pathogens.			
A3.1.3 Describe and explain the effects of chronic obstructive pulmonary disease (COPD)			
A3.2 Describe the structure of endothelial tissue, as illustrated by blood vessels in the cardiovascular system.			
A3.2.1 Identify risk factors and explain how they can lead to damage of the			
endothelial cells leading to the development of atherosclerosis.			
A3.3 Describe the structure of muscular tissue and how it relates to its function including the following:			
A3.3.1 microscopic structure of a skeletal muscle fibre			
A3.3.2 structural and physiological differences between fast- and slow-twitch			
muscle fibres and their relevance to short term and endurance-based activities			
A3.4 The structure and function of nervous tissue			
A3.4.1 non-myelinated and myelinated neurones			
A3.4.2 the conduction of a nerve impulse along an axon, to include changes in membrane permeability to sodium and potassium ions and the role of the myelination in saltatory conduction			
A3.4.3 interpretation of graphical displays of a nerve impulse			
A3.4.4 synaptic structure and the role of neurotransmitters			
A3.4.5 imbalances of brain chemicals that can contribute to ill health, including dopamine in Parkinson's disease			
A3.4.6 effects of drug interaction on synaptic transmission, to include agonists, antagonists and precursors			

#### **B1** Structure and function of water

Objective	Confidence (R/A/G)		
	1	2	3
B1.1 Know the structure of water including:			
<ul> <li>B1.2 Know the function of water including:</li> <li>as a solvent</li> <li>medium for chemical reactions and transport</li> </ul>			

pH regulation		
electrolyte balance		
temperature regulator		
<ul> <li>cohesion-tension in mass flow.</li> </ul>		

## **B2** Structure and function of carbohydrates

Objective	Confidence (R/A/G)		ce
	1	2	3
B2.1 Know the structure of carbohydrates including:			
<ul> <li>contain carbon ©, hydrogen and oxygen atoms</li> </ul>			
monosaccharides:			
<ul> <li>α and β glucose,</li> </ul>			
galactose			
• fructose			
<ul> <li>ribose and deoxyribose.</li> </ul>			
disaccharides:			
• lactose			
maltose			
• sucrose.			
<ul> <li>polysaccharides</li> </ul>			
<ul> <li>Starch (amylose and amylopectin)</li> </ul>			
Cellulose			
<ul> <li>glycogen</li> </ul>			
B2.2 Know the function of carbohydrates including:			
<ul> <li>release of energy and the production of ATP</li> </ul>			
energy storage			
structural			
B2.3 Know how to use iodine and Benedict's solution as tests for presence of			
carbohydrates.			

## **B3 Structure and function of proteins**

Objective	Confidence (R/A/G)		
	1	2	3
<ul> <li>B3.1 Know the structure of protein including:</li> <li>primary structure, including peptide links to give polypeptides</li> <li>secondary structure, including α-helices and β-pleated sheets</li> <li>tertiary structure:</li> </ul>			

ionic interaction			
hydrogen bonding			
di-sulfide bridges/bonds			
<ul> <li>van der Waal's forces.</li> </ul>			
<ul> <li>quaternary structure, including haemoglobin</li> </ul>			
classification as globular or fibrous			
B3.2 Know the function of protein including:			
muscles			
enzymes			
antibodies			
• antigens			
carrier proteins			
• hormones			
for transport of other components			
body tissue growth and repair			
blood clotting			
B3.3 Know how to use Biuret solution as a test for the presence of protein			
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#### **B4 Structure and function of nucleic acids**

Objective	Confidence (R/A/G)		ce
	1	2	3
B4.1 Know the structure of nucleic acids including:			
<ul> <li>nucleotide structure (deoxyribose or ribose, phosphate and purine or pyrimidine base)</li> </ul>			
<ul> <li>polynucleotide structure with bonds made through condensation reactions</li> </ul>			
<ul> <li>formation of the DNA double helix through complementary base pairing</li> <li>formation of RNA nucleotides</li> </ul>			
B4.2 Know the function of nucleic acids including:			
DNA in genes			
<ul> <li>RNA for protein synthesis and controlling gene expression.</li> </ul>			

## **B5 Structure and function of lipids**

Objective	Confidence (R/A/G)		ce
	1	2	3
B5.1 Know the structure of lipids including:			
<ul> <li>carbon, hydrogen and oxygen in fats, oils and waxes</li> </ul>			
<ul> <li>saturated and unsaturated fats, and formation of diglycerides and</li> </ul>			
triglycerides via esterification reactions			

B5.2 Know the function of lipids including:		
<ul> <li>energy sources and stores</li> </ul>		
<ul> <li>insulation and organ protection</li> </ul>		
<ul> <li>phospholipids in membranes</li> </ul>		
steroid hormones		
B5.3 Know to use emulsion tests to identify presence of lipids		

## C1 Cell transport mechanisms

Objective	Confidence		
	(R/A/G)		
	1	2	3
C1.1 Know the structure of the cell surface membrane with reference to the			
fluid mosaic model.			
C1.2 Know methods used to transport molecules including:			
- through cell membranes:			
<ul> <li>passive transport brought about by diffusion</li> </ul>			
facilitated diffusion			
• osmosis			
active transport			
- bulk transport			
<ul><li>endocytosis</li></ul>			
<ul> <li>exocytosis</li> </ul>			
C1.3 Know the significance of surface area to volume ratio in living organisms.			

## C2 Enzymes as biological catalysts

Objective	Co	Confidence (R/A/G)	
	1	2	3
C2.1 Know the structure of enzymes including:			
made of proteins			
active site with specific tertiary structure			
C2.2 Know the function of enzymes including:			
biological catalysts			
collision theory			
lock and key theory			
formation of enzyme-substrate complex			
specificity of enzymes			
<ul> <li>importance of measuring initial rates of reaction</li> </ul>			
2.3 Know the factors affecting enzyme activity including:			

• optimum		
<ul> <li>denaturing</li> </ul>		
temperature		
• pH		
substrate and enzyme concentration		

#### **C3** Homeostasis

Objective	Confidence (R/A/G)		
	1	2	3
C3.1 Know the purpose of homeostasis in relation to:			
• optimum			
• stimulus			
<ul><li>receptors/sensors</li></ul>			
<ul> <li>control centres</li> </ul>			
<ul> <li>effectors</li> </ul>			
• feedback.			
C3.2 Know the negative feedback loops effecting the body:			
<ul> <li>blood pressure</li> </ul>			
<ul> <li>body fluids (osmoregulation)</li> </ul>			
<ul> <li>gas concentration</li> </ul>			
<ul> <li>blood sugar levels.</li> </ul>			
C3.3 Positive feedback loops effecting the body:			
<ul> <li>blood clotting</li> </ul>			
<ul> <li>labour contractions.</li> </ul>			
C3.4 Know the interrelationship between nervous and endocrine system			
responses including:			
C3.4.1 role of the autonomic nervous system, breathing, heartbeat			
C3.4.2 role of adrenal glands (fight and flight, heart rate)			
C3.4.3 hypothalamus, endocrine and nervous system			
C3.4.4 peripheral nervous system, autonomic system, relaying information			
to the brain.			
C3.5 Know the sources and methods of disturbance of homeostasis including:			
C3.5.1 ageing, weakening of feedback loops, heart failure, diabetes			
C3.5.2 influence of lifestyle:			
<ul><li>nutrition</li></ul>			
physical activity			
<ul> <li>drug/alcohol abuse</li> </ul>			

## Key skills

Objective		Confidence (R/A/G)	
	1	2 3	
Arithmetic and Numerical Computation			
Handling Data			
Algebra			
Graphs			

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Geometry and Trigonometry			
Data analysis			
Literacy			
Practicals			
Prac			
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