

PHYSICAL EDUCATION

Task title	Physical Education Induction Tasks
Exam board	AQA
Link to Specification	https://www.aqa.org.uk/subjects/physical-education/as-and-a-level/physical-education-7582
Task 1	Provide a minimum of 20minute video material of you playing a competitive game (eg football, netball) or a competition (eg trampoline routine). Complete the attached commentary sheet showing your skill strengths in the footage
Success Criteria 1	<ul style="list-style-type: none"> • Clear evidence of highest level of performance • Analysis showing clear evidence of specification criteria relating to specific sporting activities
Task 2	Read pages 48 – 53 in text book and take detailed notes. Choose examples of 5 different skills used in a sport of your choice and classify them on each of the skill continua
Success Criteria 2	<ul style="list-style-type: none"> • Bring the textbook to your first lesson • Detailed notes showing understanding of key points of the text • Application of knowledge through correct classification of skills
Task 3	
Success Criteria 3	
Additional reading	All key areas of the course have additional you tube video links which can be used as revision and retrieval aids
Useful websites	https://www.thestudentroom.co.uk/showthread.php?t=654531 https://www.peresourcesbank.co.uk/free-resources/ https://theeverlearner.com/ https://www.pe4learning.com/blog/tag/mypeexam/
Notes	<p>All students will need to purchase a copy of the below textbook</p> <p>AQA A-level PE for Year 1 – Hodder Education ISBN 978-147-1-85956-4</p>

